

# Relationship Planner

## Non-Contingent Time

Non-Contingent Time is the intentional act of spending time with students when they are not being asked to do anything. Often students spend most of their time interacting with teachers when something is asked of students. This is time spent with students when there are no demands. Watching students play a favourite sport, playing a game with students or asking about their lives, are examples of this practice.

Non-Contingent Time works best when it is planned for. Choose a student. Choose a time and choose an activity. Then make a plan to ensure you implement.

| Non-Contingent Time Planner   |   |
|---|---|
| 1. Student  |   |
| 2. Time   | <b>Frequency (Daily, Weekly, etc.):</b><br><b>Specific Time:</b>  |
| 3. Activity   | <b>What will you do with the student?</b><br><input type="checkbox"/> Watch them...<br><input type="checkbox"/> Talk about...<br><input type="checkbox"/> Engage with them while... |
| 4. Specific Plans to make this happen.<br>Dayplanner note, phone reminder, incorporate into regular routine | _____<br>_____  |
| Notes:  | _____<br>_____  |